

Reflection process

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Think about whether and when you reflect upon your teaching and with whom you discuss your teaching.

1. Do you reflect upon your teaching?

Yes

Sometimes

No

2. If you reflect upon your teaching, when does this happen?

Directly after a lesson?

In breaks between lessons? On the way home?

At other times?

3. How long do you spend thinking about your teaching?

4. Is the process merely a personal process or do you share thoughts with anyone? With whom?

5. How do you go about reflection? Do you have a structured, consistent, systematic approach?

6. Do you consider reflection on lessons to be

Productive?

Unproductive?

(adapted from M. Wallace. *Action Research for Language Teachers*. Cambridge UP, 98, S. 55)

Source:

Hermes, L. (2001). Qualitätsentwicklung und Qualitätssicherung von Unterricht in der Sekundarstufe I Englisch. Materialien zu dem Themenbereich Action Research – Lehrkräfte erforschen ihren Unterricht. Herausgegeben vom LANDESINSTITUT FÜR SCHULE UND WEITERBILDUNG. Online:

https://www.schulentwicklung.nrw.de/cms/upload/ue-englisch/weitere_materialien/e-actionresearch.pdf: 62-64.