

Developing qualifying mobility¹

How to value competences acquired during abroad mobility

The following descriptors are a combination of CEFR companion volume, descriptors of competences for democratic culture, information from the Autobiography of intercultural encounters and items of the [Common Framework for Europe Competence](#) (CFEC). The grid distinguishes 6 degrees of proficiency and 7 main criteria for assessing mobility. The descriptors have been chosen to apply to children and adults. A list of key questions will help you to use the grid and value mobility.

	Beginner		Independent		Experienced	
	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
A European citizenship	I can collect information on Europe	I can share knowledge with my classmates in relation to Europe	I can share knowledge about Europe with partners abroad	I can access and process information on Europe and form my own opinion about critical issues	I take an active role as a European citizen at school and in the community	I am aware of the importance of mobility and cooperation for lifelong learning in Europe
B Openness to alterity	I can connect with persons from other countries.	I can show respect for the opinion of persons from a different cultural background	I can talk about how stereotypes and discrimination work, in a multicultural group	I can adapt to other ways of communication during a stay abroad, without giving up my identity	I can discuss controversial international issues with people from other cultural backgrounds	I can help others to accept otherness and to learn how to value diversity
C Intercultural mediation Skills	I can facilitate an intercultural exchange by showing welcome and interest with simple words and non-verbal signals.	I can contribute to an intercultural exchange, exploiting his/her limited repertoire to express agreement, to invite, to thank...	I can help to develop a shared communication culture, by exchanging information in a simple way about values and attitudes to language and culture.	I can, when collaborating with people from other cultures, adapt the way he/she works in order to create shared procedures	I can act as a mediator in intercultural encounters, contributing to a shared communication culture by managing ambiguity	I can mediate effectively between members of different communities, taking account of cultural differences.
D Mobility Skills	I know how partners in other countries communicate with each other and can join in	I know how social relations (family, friends, colleagues) work in another country.	I am aware of rules and responsibilities at a foreign partner school, firm and in the local community	I find my way to foreign institutions that provide information about working and living abroad	I feel motivated and prepared to take initiative towards future study/work in an international setting.	I can contribute to value of international mobility and develop a culture of welcoming
E Plurilingual skills	I can use two languages to communicate on very simple, predictable information, provided other people help with formulation.	I can use two (or more) languages to communicate in everyday situations in a bilingual group	I can use my repertoire to communicate in language B the main sense of what is said in language A on subjects within my fields of interest	I can use my repertoire to mediate between two languages, conveying detailed information and taking into account cultural differences	I can use my full repertoire to convey clearly in a target language the sense of what is said in other languages on a wide range of subjects of personal / professional interest	I can use my full repertoire to communicate fluently in a target language the sense of what is said in other languages on a wide range of general and specialised topics.
F Project management	I can express interest in international cooperation	I can propose a common project to foreign partners	I can carry out and evaluate tasks together with foreign partners	I can participate actively in planning and running a new project with foreign partners	I can contribute actively to the project management of international activities	I can train others on project management in international context
G	I can use e-mail to present myself and request the same	I can use the Internet for chats, forums, searches with partners abroad	I know how to negotiate according to a 'code of conduct' abroad	I can facilitate (online) cooperation within an international group	I can lead (online) a group work with members from different countries	I can manage (online) an international network and set up a strategy to extend the network

¹ Without formal accreditation

Cooperation and networking	from my peers in other countries		during exchanges with partners (online)			
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30 questions to help you to value your mobility experience

- Before mobility
 - How do you feel about taking part in mobility experiences? List opportunities and threats.
 - Are there other countries you feel attracted to? Why?
 - How can you find information on mobility programmes?
 - How can you share this information with others?
 - How can you prepare for mobility? Who can share their experience? Where can you find some funding for mobility?
 - How can mobility be integrated into your current position (in school curricula, in your training pathways, in your career)?
 - How could your own mobility objective become a collective project? How could it be made an official project?
 - How do you intend to communicate on your experience during and after mobility? What material is needed?
 - What was key to your decision to get involved?
 - In your opinion, why is cultural diversity essential for sustainable development?

- During mobility
 - Proceed to self-evaluation at the beginning and at the end of your stay in order to begin to measure the impact of mobility.
 - Who could provide you with some external evaluation?
 - How frequently do you communicate with peers or colleagues from your country during your stay abroad?
 - How do you document the everyday learning process during your stay? What material is needed?
 - How can you use the Autobiography of Intercultural Encounters and the European Language Portfolio?
 - To what extent can you continue projects you're involved in at home?
 - What can you learn from travelling in your mobility experience? To what extent would you say "the route is part of the goal"?
 - What are the main cultural differences with your (professional /school) culture?
 - What did you learn about your own language(s) and culture(s) when you were abroad?
 - Can you name a situation in which you had to act as an intercultural mediator?

- After mobility
 - In which area do you believe you need to readapt the most when coming back?
 - What skills have you developed during your mobility experience that you can invest in your everyday life?
 - How does this mobility experience impact on your feeling of being European?
 - How and when could other people (friends, peers, colleagues, etc.) benefit from your own experience?
 - What examples can you give to explain in a concrete way why mobility is essential?
 - How can you best value your mobility experience? In exams? In a conference? With an exhibition? During an intercultural event? In various media?
 - How can you value your mobility experience in the long-term? With digital tools? Online, on social networks? On professional networks?
 - What did you discover abroad that you would like to develop in your country?
 - How can you keep in touch with people you meet abroad?

- How do you intend to prepare the next mobility experience?

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