

Looking at your competences

Areas of competence

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All teachers have special competences and strengths in their teaching.

Think about what you believe you are particularly good at. What is special about your teaching? List your strengths. If you can list more than five, so much the better. Do not be too modest!

Try to put these into the order of importance.

If you have the opportunity, compare your list with a colleague's list or with the whole group.

	Professional Strengths	Order/Importance
1.		
2.		
3.		
4.		
5.		

(adapted from M. Wallace. *Action Research for Language Teachers*. Cambridge UP; 1998, p. 7, cited in Hermes, 2001: 58)

Source:

Hermes, L. (2001). Qualitätsentwicklung und Qualitätssicherung von Unterricht in der Sekundarstufe I Englisch. Materialien zu dem Themenbereich Action Research – Lehrkräfte erforschen ihren Unterricht. Herausgegeben vom LANDESINSTITUT FÜR SCHULE UND WEITERBILDUNG. Online:

https://www.schulentwicklung.nrw.de/cms/upload/ue-englisch/weitere_materialien/e-actionresearch.pdf: 62-64.