

## Thoughts on starting off again

# Restarting

Cyclic developments work as a continuum. When reaching the end of one action research cycle, it is time to take stock of what has been learnt, to look back on the project as a whole, on the steps and activities and conclusions, to feel proud of achievements – and to look forward.

As a certificate at the end of an initial teacher education course is the beginning of a path of enquiry and a professional life of learning and discovery, the end of one action research cycle is a beginning.

Think back on what you have learnt

- About your work in the classroom
- About learners and learners' needs
- About finding a central research question
- About asking focused questions
- About using action research tools
- About which tools are useful for which purposes
- About readjusting hypotheses
- About working with colleagues who can give support
- About keeping an open mind and being open to new ideas

## A fresh start built on experience is clearer

Take a look at these examples

- A teacher began by looking at the sense of using a learning platform in his language classroom and went on to discover the bigger picture focusing on the impact of ICT tools in general and how to enhance learning through their use.....
- A teacher began by focusing on encouraging the high-performers in the language classroom and then dared to focus on support for struggling learners.....
- A teacher began by focusing on a set of speaking activities provided in a textbook and then realised that she can inspire her learners by creating her own exciting speaking impulses for these very special pupils.....

## Anticipation

Starting a new action research project is exciting and adds to the joy of looking forward to working with a group of learners and making discoveries about learning together.