

## Group Facilitation – Self-Reflection Checklist

(contributed by Margit Szesztay)

*Below are a number of statements related to group facilitation.*

- 1. Consider the extent to which they are true for you and tick one of the three options in each case.*
- 2. Discuss your findings with a partner*
- 3. In the light of your reflections, think of one or two areas where you'd like to develop in the future.*

1 I believe in the learning value of group interaction.

True for me       Somewhat true for me       Not true for me

2 I use a rich variety of learning modes and formats in my teaching.

True for me       Somewhat true for me       Not true for me

3 I am not afraid of silence and give my students/trainees time to think and respond.

True for me       Somewhat true for me       Not true for me

4 When faced with a challenging situation, I spend some time clarifying what the problem is instead of jumping to a solution.

True for me       Somewhat true for me       Not true for me

5 I am aware of the way my learners see me and the effect I have on them.

True for me       Somewhat true for me       Not true for me

6 I am usually light-hearted and able to bring my sense of humour into the classroom.

True for me       Somewhat true for me       Not true for me

7 I am usually observant and able to 'read' the feelings behind student behavior.

True for me       Somewhat true for me       Not true for me

8 I believe that observation is an important part of learning, and help my learners to become better observers.

True for me       Somewhat true for me       Not true for me

9 I am open-minded and strive to be non-judgmental in my attitude towards student learning.

True for me       Somewhat true for me       Not true for me

10 I am sensitive to the changing energies in the group and have a number of strategies for influencing these energies so that they support group learning.

True for me       Somewhat true for me       Not true for me

12 I regularly ask for and listen to student feedback.

True for me       Somewhat true for me       Not true for me

13 In a whole-class discussion I'm usually able to remember what everyone says.

True for me       Somewhat true for me       Not true for me

14 I'm good at summarising the main points of a discussion.

True for me       Somewhat true for me       Not true for me

15 I am able to challenge student contributions in a sensitive way.

True for me       Somewhat true for me       Not true for me

16 It is easy for me to be patient and encouraging with students.

True for me       Somewhat true for me       Not true for me

***Areas for future development:***

.....

.....

.....

.....

.....

.....

.....

.....